

Holiday 2025 Edition

THE HEALTH WELLNESS HOME

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Welcome to Health • Wellness • Home

Where Modern Wellness Meets Refined Luxury.

Step into a new standard of elevated living—where innovation, purity, and intentional design come together to transform the way you care for your body, your home, and your wellbeing.

Health • Wellness • Home is a curated collection of next-generation wellness technologies and luxury home essentials, thoughtfully selected for the discerning individual who values excellence in every detail. From state-of-the-art infrared healing systems to whole-home water purification, ozone air technology, and performance-driven cookware, each product has been chosen to enrich your environment and elevate your daily rituals.

These are not just upgrades—they are investments in long-term vitality, clarity, and comfort. Every piece in this catalog is designed to harmonize beauty with function, supporting a lifestyle rooted in purity, longevity, and intentional luxury.

Whether you are enhancing your personal sanctuary or designing a healthier, more aligned home, this collection invites you to experience the future of living well. Because true luxury is clean air, pure water, radiant health, and a home designed to support your most vibrant life.

State of the Art Technology

We've meticulously curated a selection of products at Healthy Technologies to enhance your personal space, purify your body, and promote overall well-being. Whether you're in search of improved hydration, enhanced air quality, cleaner environments free from harmful chemicals, or alternative healthy technologies, we offer tailored solutions for your individual health journey.

From state-of-the-art grounding technology to identifying the top water filtration systems on the market, our exclusive focus is to assist you on your journey to optimal health and wellness. Our unwavering commitment is to source the healthiest, highest-quality, and safest technologies globally for both our family and yours.

Health • Wellness • Home

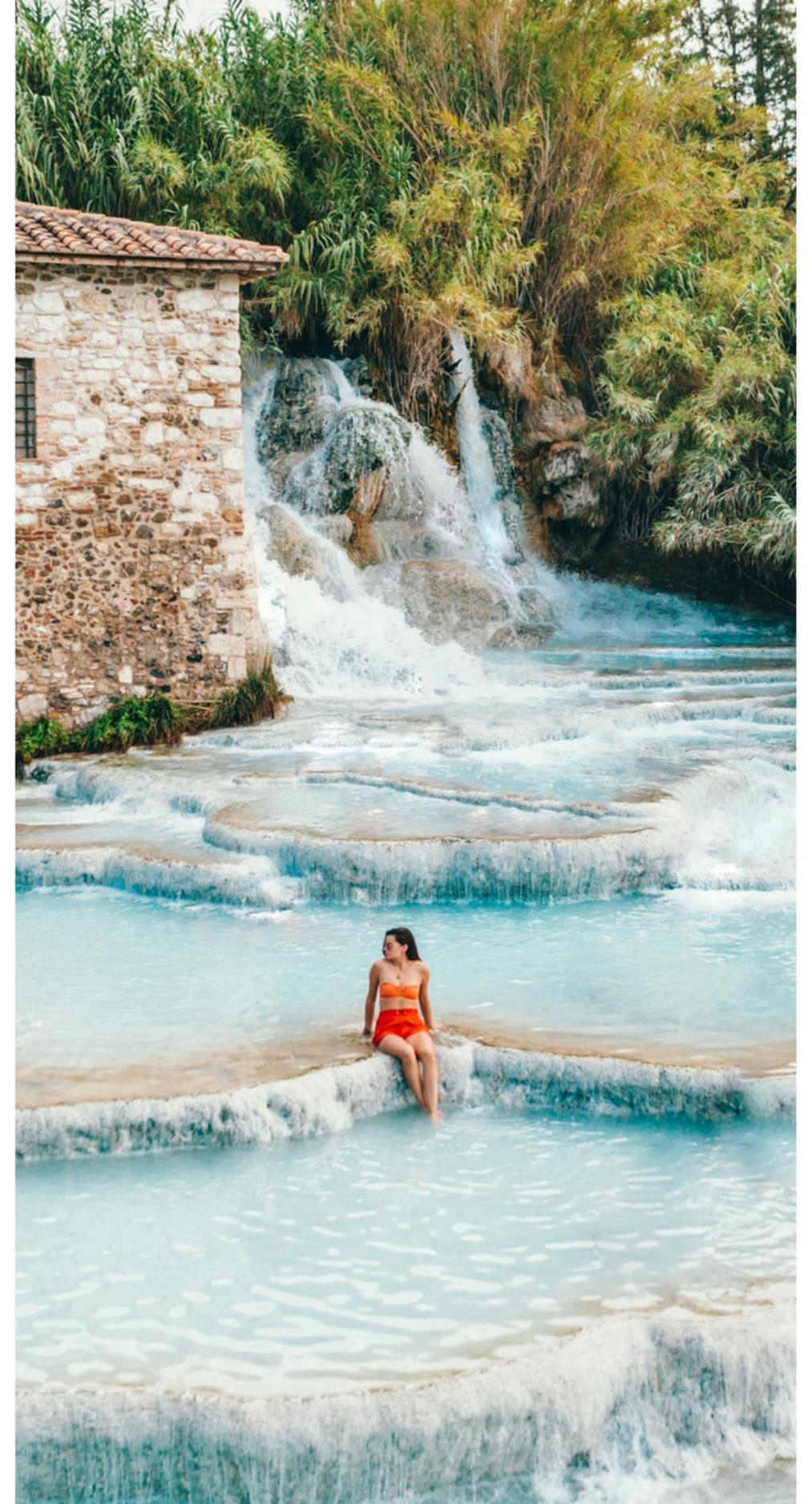
Where beauty, balance, and intentional living begin.

The Health • Wellness • Home brand was created with a simple belief: a well-designed life starts from within.

Your home, your habits, and your mindset work in harmony to shape how you feel, how you show up in the world, and how you move through each new chapter. When you elevate your environment, you elevate your energy, clarity, and overall wellbeing.

At Health • Wellness • Home, we curate products and technologies that transform everyday spaces into restorative sanctuaries—homes that support health, vitality, and longevity. From the air you breathe and the water you drink to the rituals that restore you daily, every choice becomes an investment in your most vibrant life.

This is the intersection of intentional design and elevated wellbeing—crafted to help you live beautifully, healthfully, and with purpose.



Why a Healthy Home Matters

We spend 90% of our time indoors, so our living environment directly affects:

- Sleep
- Energy
- Mood
- Immunity
- Productivity

Wellness begins with what surrounds you. We curate products that prioritize clean air, pure water, and non-toxic materials—so your home becomes a sanctuary of clarity.

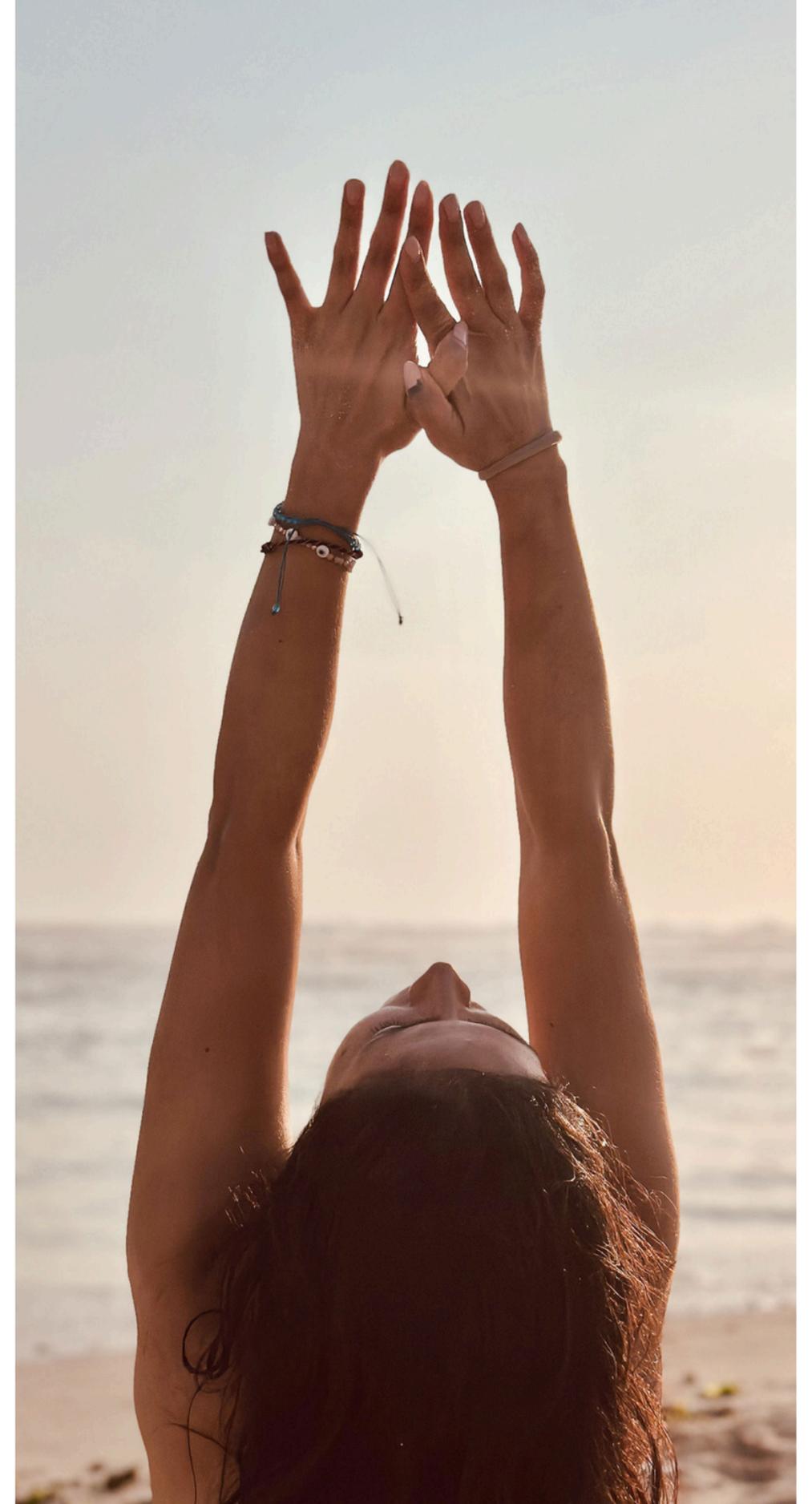
Here is a sampling of our core home wellness essentials that make a difference every day.



Home Essentials For The Health Wellness Home



**"Prevention is better than cure."
- Desiderus Erasmus**



The ULTIMATE Whole House Water Filtration System

The ULTIMATE Whole House Water Filtration System provides clean, reliable water for all household needs.

Utilizing advanced filtration technology, it removes harmful contaminants, ensuring safer water for drinking, cooking, and bathing.

The system promotes healthier skin, hair, and overall well-being, offering peace of mind with purer water.

Beyond personal care, the system protects your home by reducing build-up in pipes and appliances, improving efficiency, extending the lifespan of devices, and lowering energy costs.

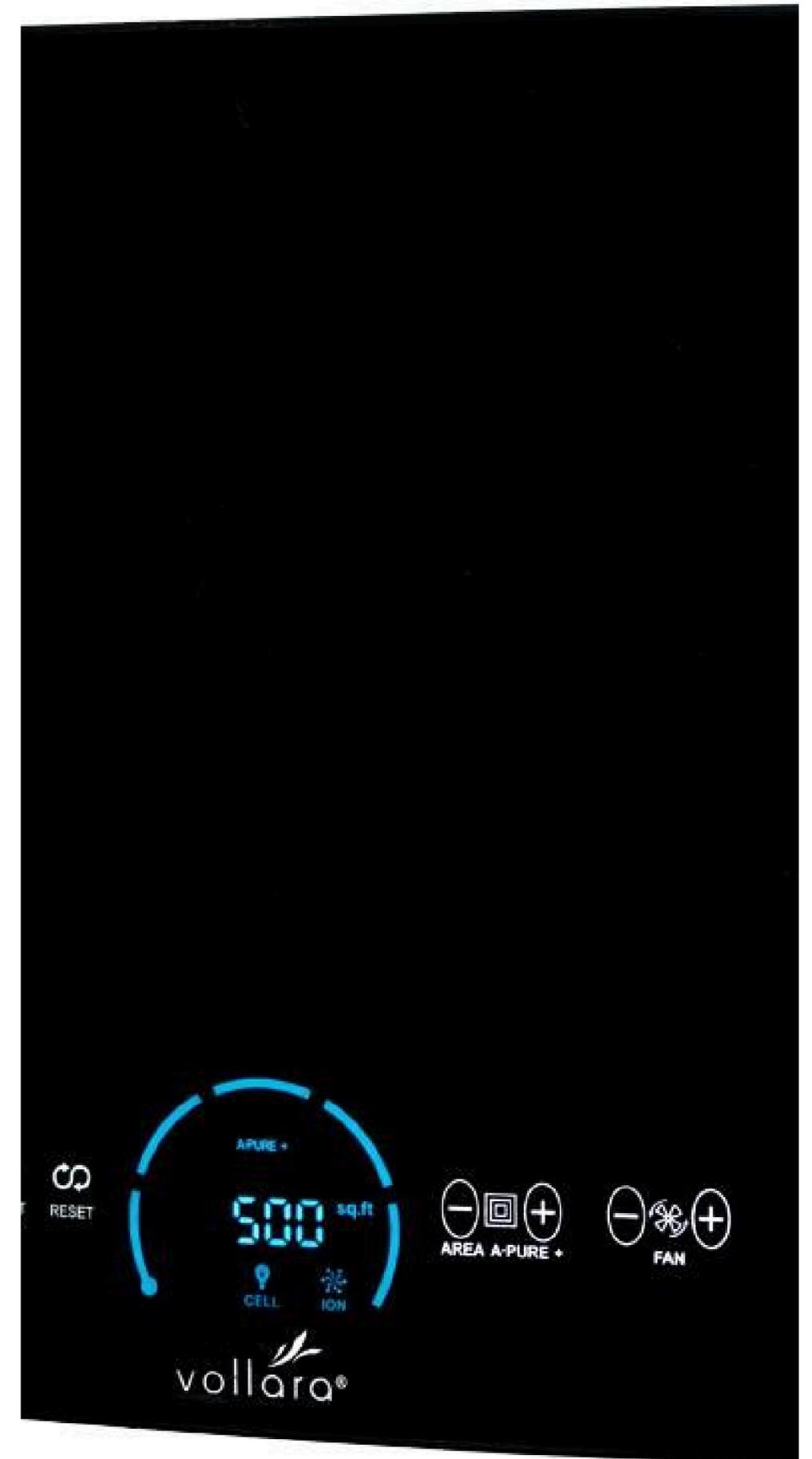


Air & Surface Pro with Ozone

The Vollara® Air & Surface Pro combines multiple complementary technologies, including HEPA, activated carbon, and ActivePure® Technology. Patented ActivePure is an advanced surface and air purification technology. It has been proven to reduce over 99.9% of many common airborne and surface contaminants

Benefits:

- Reduces viruses, bacteria, mold & allergens
- Cleans both air and surfaces
- Eliminates odors
- Safe ozone mode for deeper cleaning when rooms are empty
- Healthy air + surfaces = healthier home



Shower Filter

The only shower filter that effectively filters and provides a softening effect to your water.

Benefits:

- Healthier, younger-looking hair and skin
 - Relief from dry skin and scalp irritations
 - Reduced exposure to harmful contaminants such as heavy metals, chlorine and fluoride
-
- Use less soap, conditioner & shampoo
 - Less fading of color-treated hair
 - Reduced scale and scum on tubs, glass & showers
 - Adjustable massaging Miracle Flow™ showerhead
 - Doesn't affect water flow
 - American Stainless Steel
 - Made in America

Healthy Technologies picked this shower filter because of its advanced five-stage filtration system that removes chlorine and fluoride. Your skin is the largest organ on your body.*



Grounding Topper | Mattress | Pillows

Great for high performers, seniors, and anyone with sleep concerns.

Chosen by Healthy Technologies for its exceptional quality, non-toxic fire retardant layer, grounding ability and silver threading for EMF protection. Ability to repel dust, ensuring a cleaner sleeping environment. Proudly made in Italy, reflecting superior craftsmanship.

Like Walking on the Beach

Benefits:

- **Deeper sleep**
- **Stress reduction**
- **Balanced circadian rhythm**
- **Lower inflammation.**

Refer to website for Mattress and Pillow Options





Quality sleep is not a luxury—it's a lifestyle. Tap into high-end tech (and your inner mindset) to wake up renewed

Non-Toxic Cookware

Benefits:

- Avoids PFAS & harmful chemicals
- Safer for families
- Durable & long-lasting
- Preserves natural flavors
- No toxins, teflon or nickel

316 TITANIUM STAINLESS STEEL COOKWARE

Designed to help you live a longer, healthier life by cooking your foods without water or grease!

The Ultra Tech II's 9-plys create a double thermal core construction that heats faster and more evenly than any other cookware.

Refer to website to preview Finest Cutlery
Fully Forged Knives



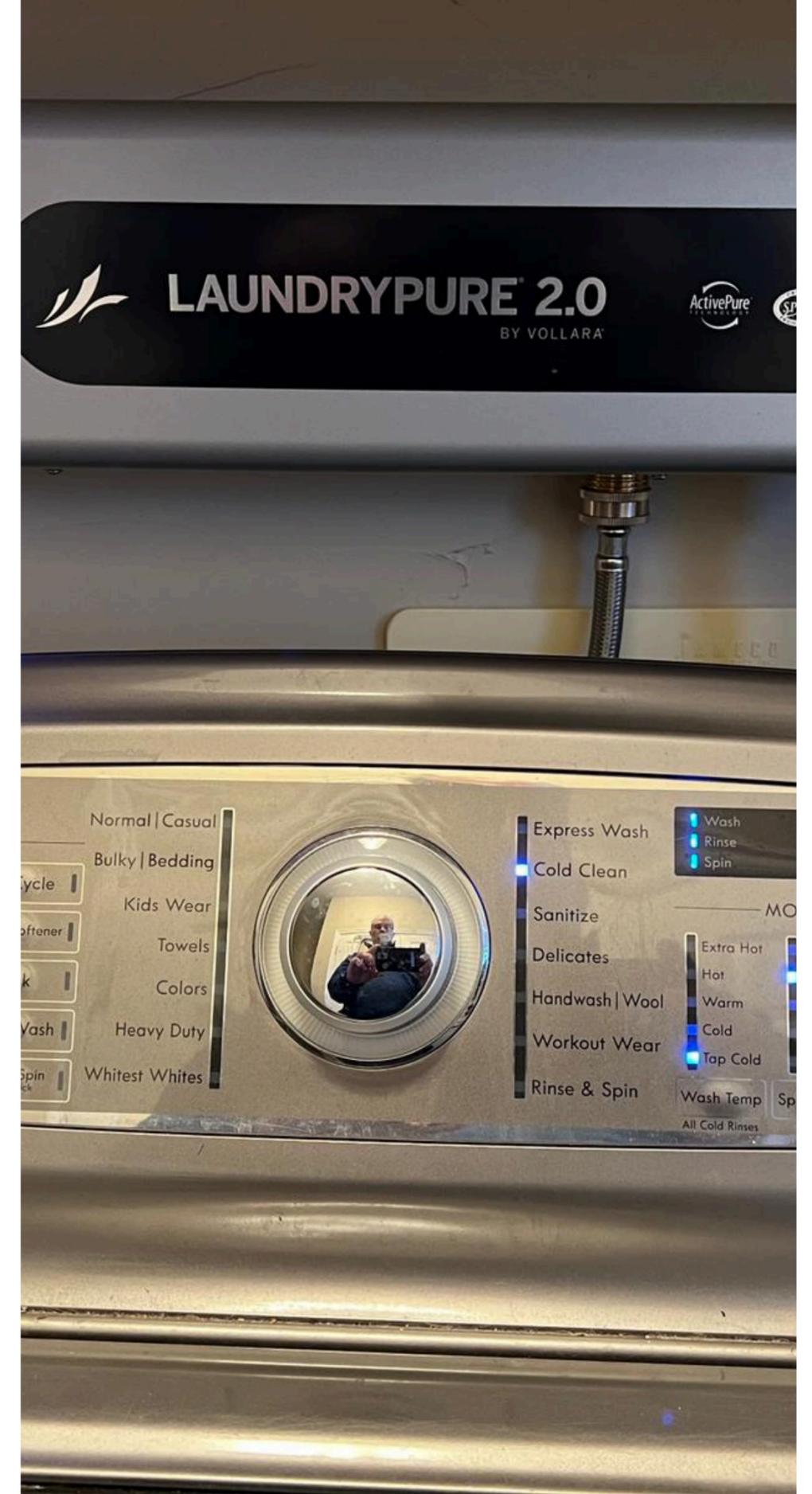
LaundryPure 2.0

Harnesses the power of nature in the laundry room, utilizing cold water infused with hydrogen and oxygen-based oxidizers to effectively bubble and lift dirt from clothing fibers. This innovative approach reduces the reliance on laundry detergent and hot water.

Benefits:

- **No detergent - ever again**
- **No hot water required**
- **Softer, fresher clothing**
- **Ideal for sensitive skin**
- **Saves money & energy**

ActivePure Technology generates and disperses hydrogen peroxide, effectively eliminating odor-causing bacteria and fungi.



All-In-One Clean Machine Vacuum

A modern, more effective way to clean all surfaces without costly toxic chemicals, unsanitary mops, inefficient brooms and rags. The Clean machine is the solution for a healthier and cleaner home.

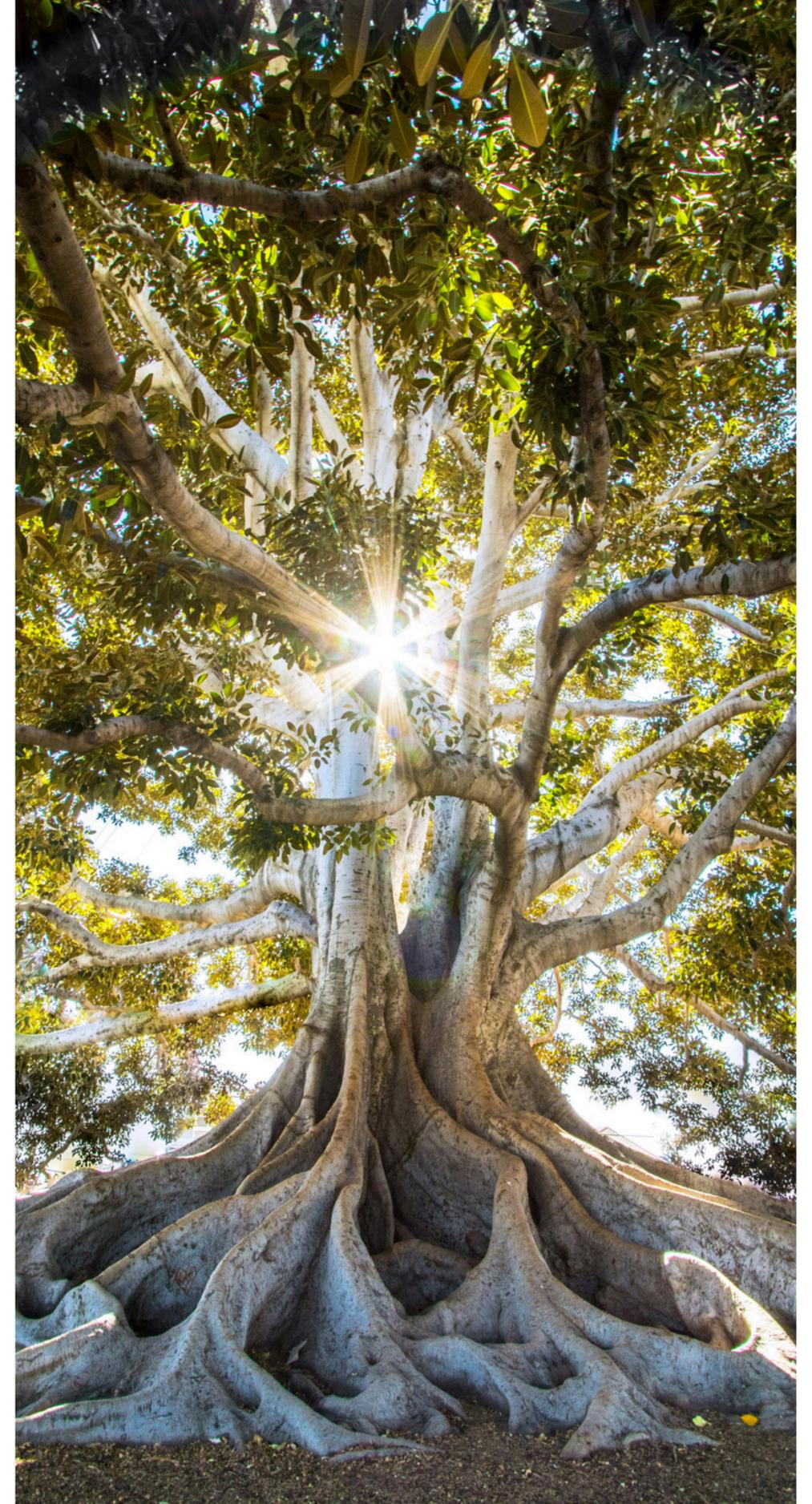
Benefits:

- **Vacuums + washes floors simultaneously**
- **Chemical-free cleaning**
- **Removes allergens, dust, and pet dander**
- **Lightweight & easy to move**

Healthy Technologies picked this clean machine because of its patented intelligent double - boiler technology that enables a continuous flow of high temperature dry steam for effective cleaning with out chemicals.



"Health is a state of complete harmony of the body, mind and spirit." - B.K.S. Iyengar



Living Water

is a pH-balancing, healthy alkaline water system that conveniently connects to your sink, serving various purposes including drinking, cooking, and cleaning.

- **Provides acid-buffering alkaline water for drinking and cooking**
- **Easy to read face, with color coordinated settings**
- **Adjustable levels of pH: from 2 - 11.5 pH**
- **Helps hydrate, detoxify liver and kidney, decreases inflammation, and is anti-aging**
- **Produces acidic water for cleaning without chemicals**
- **Generates water with negative ORP (Oxidation Reduction Potential) for increased antioxidant properties**
- **Easily installs**
- **Easy maintenance**

“Hydrogen-infused living water to nourish your cells, boost vitality, and support a beautifully balanced life.”



Juice Master

Benefits:

- Preserves enzymes, vitamins, minerals
- Rich, flavorful juices
- Supports gut health, immunity, detox
- Quieter & more efficient than traditional juicers

Experts agree that dietary deficiencies can lead to numerous health problems. Nutri-Tech juice extractors not only strengthen your immune system but also improve your appearance, overall well-being, and even longevity.

- Simple to Use – Easy to Clean
- Enjoy healthy, delicious juice for your family in just a few minutes!
- Powerful 6000 RPM Motor with Patented Speed Control
- Extracts the maximum amount of pure, pulp-free juice efficiently.
- Advanced Design & Superior Quality
- Precision-built using European technology for a lifetime of dependable service.
- UL approved and CSA certified.



H2Fuel

H2Fuel is a mobile unit that infuses regular water with molecular hydrogen gas to create hydrogen-infused, antioxidant-rich water in 3 minutes.

- **Improves water taste, energy, and balance**
- **Water is infused with molecular hydrogen (H₂), less oxidative**
- **Cleaner hydrogen generation with ionic membrane**
- **Platinum plate releases H₂ gas.**
- **Measurable antioxidant qualities are possible**

I use it to make coffee and tea, I drink it all day long with ease and our kitties benefit, too.

Debbi's Favorite!



Relax Sauna

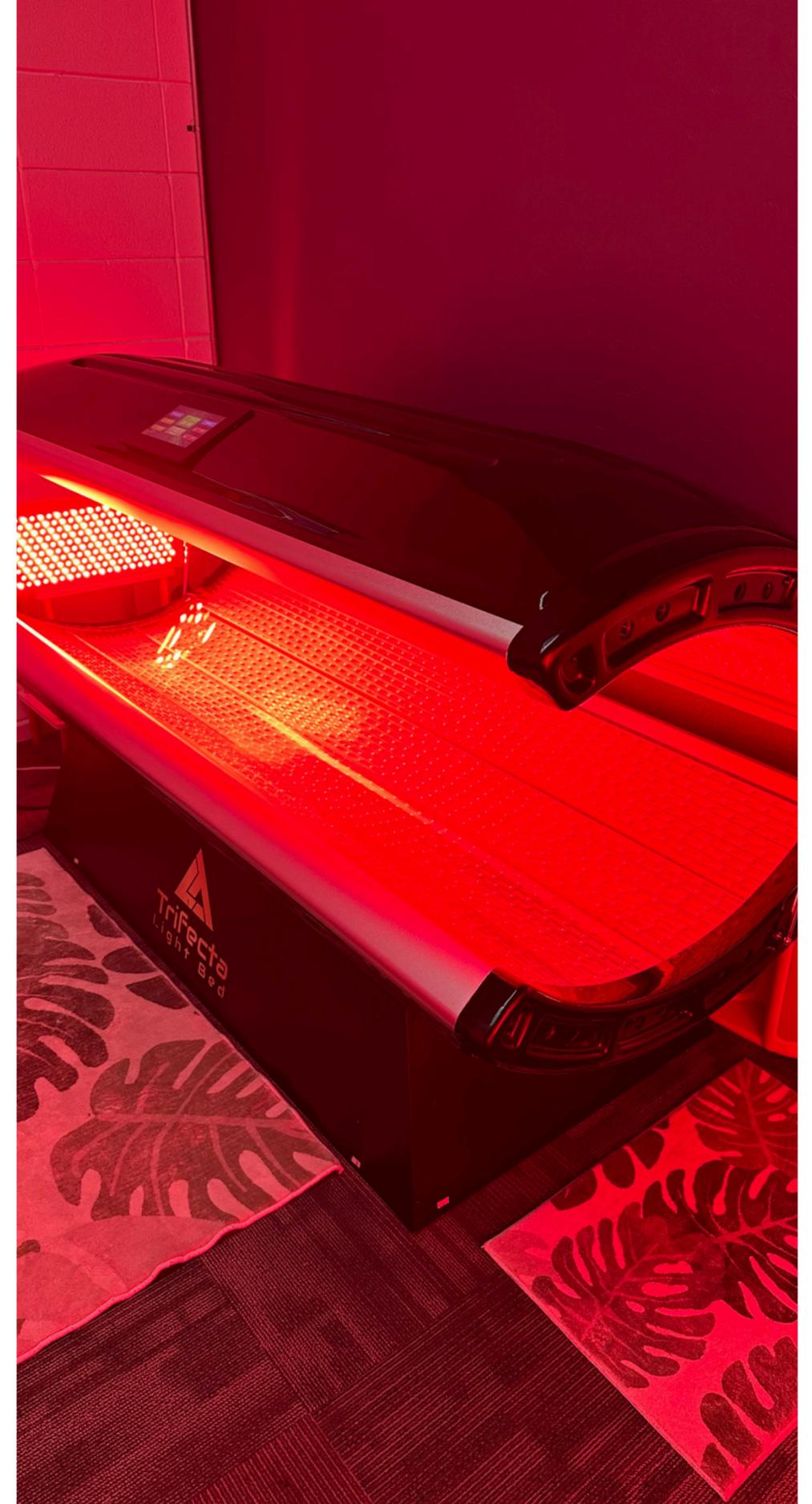
The Leader in Far Infrared Therapy: For over two and a half decades, Relax Sauna has remained the gold standard in far infrared wellness, providing the most effective portable sauna experience available. The Relax Saunas are trusted by:

- **Functional medicine experts and authors**
- **Biohackers and longevity specialists**
- **Holistic health practitioners**
- **Athletes and fitness professionals**

A Presence in the Health & Wellness Community: The Relax Sauna is a fixture at over 40 major health expos annually, including some of the most respected conferences in functional medicine, biohacking, and alternative health. The brand has been featured on top podcasts, interviewed by wellness thought leaders, and continues to be recommended by doctors, naturopaths, and performance experts worldwide.

Benefits:

- **Cellular detoxification**
- **Circulation & weight support**
- **Reduces inflammation & soreness**
- **Improves sleep & stress**
- **Fits in apartments & small spaces**





Ferrari, Lamborghini, Maserati

**You don't settle when it comes to
luxury cars—so don't settle when it
comes to your health.**

Mini Gift Guide for Everyone On Your List

Hydrogen Water Bottle

Travel Air Purifier

Travel Pillow (Grounding)

Small Apartment Air Purifier

Shower Filter

Small Cold-Press Juicer

Thoughtful, healthy gifts for family, friends, and clients.



A Letter From the Founder

Debbi DiMaggio

Health • Wellness • Home

In my work, my travels, and the countless homes I've stepped into over the years, I've come to understand one truth: our surroundings shape our wellbeing more than we realize. The spaces where we live, rest, work, and gather have the power to uplift us—or quietly deplete us. When we breathe cleaner air, drink purer water, and move through environments designed with intention, our entire life shifts. We feel clearer. We think better. We show up more fully.

Health • Wellness • Home was born from a desire to help people create those kinds of spaces—sanctuaries that support longevity, energy, and a life lived with purpose. This collection is a reflection of what I value most: clean living, elevated design, and the belief that luxury begins with how we care for ourselves. Every product in this catalog has been thoughtfully selected to enhance your wellbeing, enrich your environment, and empower you to live beautifully and intentionally. My hope is that as you explore these offerings, you feel inspired to design a home that nourishes you—one breath, one sip, one ritual at a time.

Thank you for inviting me into your home and trusting me to be part of your wellness journey.

With intention and gratitude and Happy Holidays,

Debbi DiMaggio

Founder, Health • Wellness • Home

From our family to yours, wishing you and yours a healthy holiday season!

The Health Wellness Home

A beautiful home should feel as good as it looks.

Debbi DiMaggio, Founder
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