SIBOLLUM Upper Brookville

Jordana Culmaraes

The Power

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AREA DIRECTOR Brynn Mannino

brynn.mannino@n2co.com

646-477-2072

AD DESIGN Becky Viglione

becky.viglione@n2co.com

**EVENTS** Ariana

liactivityplanner@gmail.com

SOCIAL MEDIA Ava Russen

ava.russen@n2co.com

**CREATIVE TEAM** The N2 Company Design Team

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# **MEET THE TEAM**

Meet the people behind the publication that make the magic happen each month.



Brynn Mannino
Publisher & Owner
brynn.mannino@



Kamni Marsh Content Director strollupperbrookville@ gmail.com



Ava Russen Social Media Manager ava.russen@n2co.



Jackie Kirsch Ad Strategist strollupperbrookville@

# RESIDENT CONTRIBUTORS

Specialist

Tara.Terhune@

Erica Ello (Recipes)
Jasleen Sabharwal (Columnist)
John Gurwicz (Recipes)
Justin Kwok (Junior Writer)

Katie Ello (Content Coordination)
Krishma Tuli Arora (Columnist)
Mike Dispirito (Columnist)
Nina Truglia (Recipes)

If you'd like to contribute or be featured, please reach out to strollupperbrookville@gmail.com.

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# Strength, Summer & Everything in Between

June is a tribute to resilience, fresh starts, and the moments that connect us.



JUNE HAS ARRIVED—bringing longer days, warmer nights, and that unmistakable shift toward summer. It's the season of possibility, a time to step outside, slow down, and soak up every sun-soaked moment. Whether it's gathering with friends, chasing kids through the sprinkler, or planning that long-overdue getaway, June reminds us to be present and lean into life.

It's also a time to honor the people and stories that shape us. In this issue, you'll meet **Jordana Guimaraes**, a longtime Upper Brookville resident whose journey from Rio to hosting her own national show is equal parts grit and grace. You'll also hear from **Justin and Danielle Dotzman**, the local family behind **MosquitoNix Long Island North Shore**, who turned a personal problem into a thriving business—making it safer (and more pleasant) for all of us to enjoy our backyards this summer.

And if you need a reminder of what young people are capable of, look no further than the **Locust Valley Jesters**, whose spring musical *Once Upon a Mattress* brought the house down with big laughs, big talent, and even bigger heart.

As the season unfolds, I hope you find time for the things—and the people—that matter most. Thank you, as always, for being part of this incredible community.

Brynn

# Publisher

Stroll Upper Brookville

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# Stroll Upper Brookville Bulletin

Internships available, get on our event list and more!

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# Be in the Magazine You deserve it!

Let Stroll capture your precious memories in 2025! These are just a few ideas to spark inspiration—but no celebration is too big or small. Feature Families have the opportunity to work with our amazing Stroll Upper Brookville photographer, JKD Photography (IG: @jkdphotography; jkdphotgraphy.com).

- New babies and adoptions
- · Fabulous vacations & adventures
  - Anniversaries
  - Retirement
- · Career achievement or promotion
  - Pet adoptions
- Home renovations or updates
- · New garden or outdoor space (we want to see your new pickleball court!)
  - · Launching a creative project
  - · Recognized community service or volunteering achievement
    - Overcoming personal challenges or health issues
      - · Family tradition
  - Kid-Specific Opportunities
- · Coming of age milestones and birthdays (communion, graduation, etc.)
  - · Special achievements in academics, sports, or hobbies









# Jordana Guinaraes

The Power of Possibility

**Meet Jordana** 

Full Name & Age: Jordana
Guimaraes, 45
From: Born and raised in Rio de Janeiro,
Brazil (with Egyptian Jewish roots)

**Upper Brookville Resident Since: 1998** 

# **Family & Community**

# Who's in your family?

I come from a big, close-knit family.

My amazing daughters, Ariana (8) and
Isabel (7), keep me on my toes. I also
have three incredible sisters—Natasha,
Kika, and Diana—and our matriarch, my
mom Jacqueline.

# Any pets?

Yes! Our cat Shakira runs the house.

# Tell us about your daughters.

Ariana and Isabel are little dynamos—creative, expressive, and full of ideas. They love to sing, dance, and just launched their own business making custom slime! They named it *The Slimey Sisters* and it's already a hit with their friends.

# What's something unique about your family?

We're all entrepreneurs. Dream-chasing is kind of in our DNA.

# Favorite family traditions?

Nothing beats gathering around the kitchen table with great food, better wine, and the best stories.

# Best family vacation?

That's tough! But Israel, Greece, and South Africa top the list.

# Life & Work

# What do you do?

I host a podcast/TV show called *It Can Be You with Jordana*, produced by Larry Namer, the founder of E! Television. I also run a PR & marketing agency called *FashForward* and co-founded *Fashinnovation*, a global platform connecting fashion with innovation.

# What inspired your career path?

People and storytelling. Over the past 20 years, I've worked with brands like Nina Ricci and Porsche Design, co-founded a global platform, wrote a book (*It Can Be You: Humanizing Homelessness*), and partnered with names like Susan Rockefeller and HELP USA to give back.

# What's your show all about?

Soul-to-soul conversations with trailblazers, entrepreneurs, and creatives—focused on the "why" behind their success and their wellness practices across mind, body, and spirit.

# Career highlights?

Ringing the Opening Bell at Nasdaq was surreal. But honestly, the biggest highlight? When Larry Namer asked me if I wanted to host my own show. I had invited him to speak at my conference years prior—and boldly CONTINUED >



From Rio to Upper Brookville, this trailblazing TV host, entrepreneur, and mother of two proves that with courage, creativity, and heart—you really can have it all.

PHOTOS BY CELEBRITY
PHOTOGRAPHER: NIGEL BARKER

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You already have the "no." So go after the yes. Never stop dreaming.

asked him to be an advisor. We stayed connected, and after I did a guest podcast in LA, he called and asked me that life-changing question. I said YES.

# What do you love most about what you do?

I love creating impact, especially using the fashion industry as a bridge for good. I believe stories can move people—and I live to tell them.

# Life in Upper Brookville Why do you love this neighborhood? It's a beautiful place to raise kids and feel rooted in community.

# What's your perfect day?

An iced latte in hand, breakfast with my girls, a creative morning booking guests or brainstorming PR campaigns, and a relaxed evening with friends, family, and a heavy-bodied red wine.

What are you known for around town?
My big smile—and being friendly with everyone!

# Favorite spots nearby?

I'm a big fan of exploring restaurants and love the Miracle Mile for fun finds and good bites.

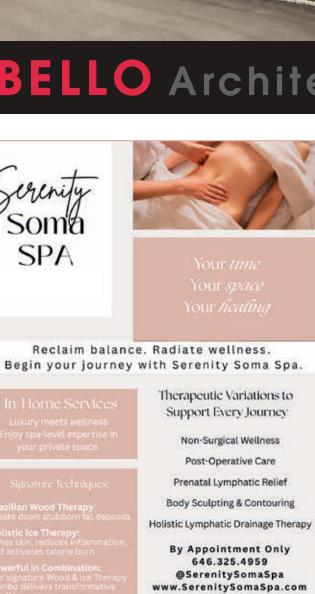
# **Final Words**

Since I was a little girl, I dreamed of having my own show. That dream came true—because I never stopped asking, never stopped showing up, and never stopped believing.

**To anyone reading this:** You already have the "no." So go after the yes. Never stop dreaming.

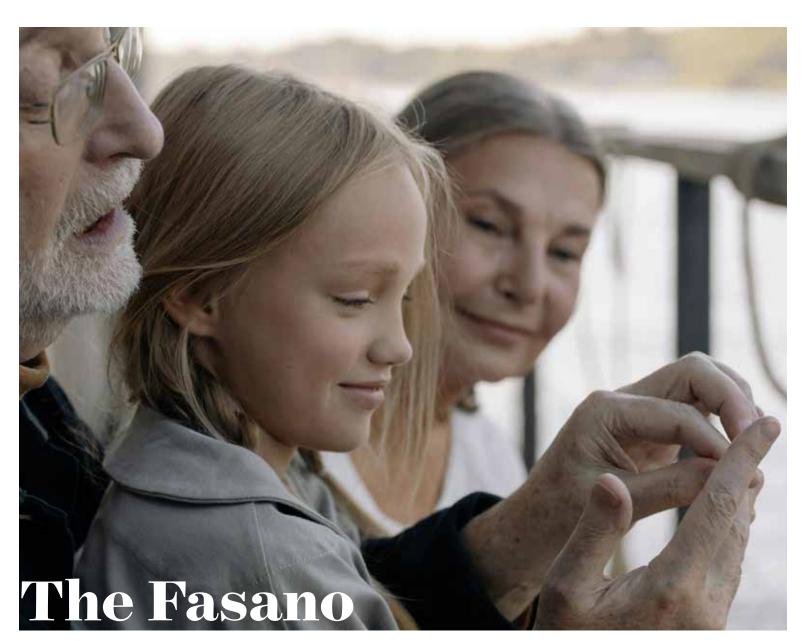








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# Five with Lisa Fasano: **June 2025**

From Investment to Legacy: The Art of **Building Generational Wealth Through** *Upper Brookville Real Estate* 

*In Upper Brookville, real estate isn't simply acquired—it's* curated. A luxury estate here is more than a purchase; it's the foundation of legacy, the setting for a family's story, and a tangible bridge between generations. As today's discerning buyers look beyond lifestyle toward long-term value, the smartest investments are those that elevate both financial return and generational meaning.

Here are five timeless principles guiding Upper Brookville's most strategic homeowners as they turn property into legacy:

# 1. BUY WITH LEGACY, NOT JUST LIFESTYLE, IN MIND

In luxury markets, success isn't defined solely by square footage or finishes—it's about foresight. Buyers are seeking homes that will outlast trends and support future generations. Timeless architecture, enduring design, and prime location all play a role in securing lasting value.

**Key takeaway:** Your estate should serve not just your lifestyle today, but your family's future for decades to come.

### 2. DESIGN FOR GENERATIONS TO COME

Multi-generational living is no longer a trend—it's a thoughtful lifestyle decision. Homes with guest suites, dual primary bedrooms, private wings, or carriage houses can accommodate changing needs with grace and flexibility. These features not only serve your family they future-proof your investment.

**Key takeaway:** Properties that evolve with family dynamics will hold their value longer and appeal to a wider buyer pool when it's time to sell.

# 3. ENHANCE STRATEGICALLY FOR LEGACY VALUE

Not all upgrades are created equal. In the high-end market, enhancements like wellness amenities (saunas, cold plunge pools, meditation gardens), discreet smart home integrations, and energy efficiency improvements yield significant returns—both emotionally and financially.

**Key takeaway:** Focus on enhancements that align with long-term living trends and reinforce the home's lasting appeal.

# 4. USE REAL ESTATE AS A WEALTH TRANSFER TOOL

Luxury properties often form the cornerstone of a family's wealth. With the right structure—be it through trusts, family partnerships, or estate planning strategies real estate becomes a tax-efficient vehicle for passing wealth across generations.

Key takeaway: Consult your estate planner, real estate and financial advisors to ensure your property isn't just protected, but positioned to be part of a larger financial legacy.

# 5. WORK WITH EXPERTS WHO SEE THE FULL PICTURE

Legacy doesn't happen by accident—it's built intentionally, with the right team. From design consultants to tax strategists to seasoned local real estate professionals, your circle should reflect the caliber of your goals.

**Key takeaway:** Partner with those who understand the nuances of the Upper Brookville market and the longterm vision behind your investment.

# **FINAL THOUGHT**

Legacy isn't just what you leave behind—it's what you build with purpose. In Upper Brookville, where heritage, architecture, and opportunity converge, your estate can become more than a home. It can become a story, a sanctuary, and a gift to the next generation. Whether you're preparing to invest, planning for your family's future, or simply looking to elevate your home's potential, I'd be honored to help guide the journey.

- Disa Jasano



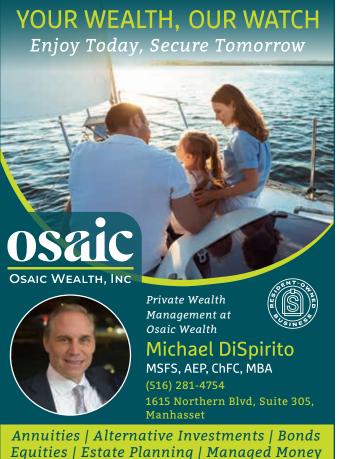
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# It's Dino, Donatella, Daphne & Dorina!

Meet the Pagliarulo family's Biewer Terrier quartet—four dogs, four D-names, and 4 lbs. of love (each).





# Q: Who's part of the family at home?

A: Ali, Michael, and Victoria—and our four Biewer Terriers: Dino, Donatella (Dona), Daphne, and Dorina (Dori).

# Q: How did you choose their names?

A: It started with Dino, and from there, the "D" theme just stuck. Now we can't imagine it any other way!

# Q: What's the story behind how they came to you?

A: Dino was our first—we lived in the city at the time and wanted a small dog, so the Biewer Terrier was a perfect fit. We connected with two women in Queens and Roslyn who are very dedicated to the breed. Dona joined us next, and they became a little family of their own.

Dino and Dona had two litters— Daphne was the only puppy in the first, and of course, we had to keep her. In the second litter, there were two puppies. A close friend adopted the boy, Tino, and we kept Dori, the girl. So in a way, our pack is a little family, too.

# Q: How would you describe their personalities?

**A:** They're all truly unique: **Dino** and **Daphne** were both only pups in their litters—they're a bit more independent and love to curl up on a lap.

**Dona** is always up for playtime and has a ton of energy.

**Dori** is the youngest and biggest—very sweet but tends to act like the boss of the group.

# Q: Do they have any special talents?

A: Dona and Dori especially love playing catch. And all of them have a funny habit of climbing into their

travel bags—we've caught them sneaking in when they think we're about to head out!

# Q: What are their favorite things—and what do they avoid?

A: They love being with us, especially in the car. They don't like being left alone and always want to be part of the action.

# Q: How do they do with other pets in the neighborhood?

A: They can be vocal on walks—there's usually some barking when they see other dogs.

# Q: Have they ever gotten into any trouble?

A: Thankfully, no. They've all stayed close to home and out of mischief.

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here's nothing quite like the aroma of freshly baked naan wafting through your kitchen. Soft, pillowy, and slightly charred, homemade naan is the perfect companion to any curry, stew, or even enjoyed on its own. This simple recipe brings the magic of your favorite Indian restaurant right to your stovetop, using everyday ingredients and easy-to-follow steps. Whether you're a seasoned cook or trying naan for the first time, this recipe will have you coming back for seconds and thirds.

# **INGREDIENTS**

- 2 cups flour, plus more for rolling
- 1 tablespoon sugar
- 1 teaspoon active dry yeast
- 1 teaspoon salt
- 3 tablespoons plain yogurt
- 2 tablespoons extra virgin olive oil
- 34 cup warm water (about 100°F)
- 2 tablespoons melted butter, for brushing on finished naans
- 1 tablespoon chopped fresh Italian parsley (optional), for serving

# INSTRUCTIONS

**1.** Mix the yeast with warm water and a tsp of the sugar. Set aside for about 10 minutes until frothy. 2. In a large bowl, whisk together the flour, sugar, and salt. Set aside. 3. Add the yogurt and olive oil to warm water and yeast mixture. Add this mixture to the dry ingredients and mix with a fork. When the dough is about to come together, dust your hands with flour and knead gently into a soft, slightly sticky dough (sprinkle more flour, little by little, if the dough is too wet to work with). As soon as it comes together, stop kneading. 4. Lightly oil a clean bowl with nonstick cooking spray (the bowl should be large enough to allow the dough to double in size). Transfer the dough to the bowl and cover with plastic wrap or a damp kitchen towel. Let sit in a warm place for 1 to 1½ hours, or until about doubled in size. 5. Dust a work surface with flour and dump the dough on top. Sprinkle

some flour on top of the dough and

on your hands. Shape the dough into a long rectangle and cut into 6 equal portions, dusting with more flour as necessary so the dough doesn't stick. **6.** Warm a large cast iron or heavy nonstick pan over medium-high heat until very hot. Using a rolling pin, roll one of the dough balls into an oval shape about an eighth of an inch thick. Pick up the dough and flip-flop it back and forth between your hands to release any excess flour; place the dough in the dry skillet and cook a few minutes until the top is bursting with air bubbles and the bottom is golden and blackened in spots. Flip the naan and cook about 1-2 minutes more until the bottom is lightly browned and blistered in spots. Remove the naan from the skillet and brush with melted butter. Repeat with the remaining naans, lowering the heat if necessary, as you go (I usually lower the heat to medium after the first naan). Sprinkle with parsley, if using, and serve warm.

If you have a recipe you would like to share with your neighbors, please email it to us along with a photo: strollunnerhrookville@gmail.com



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# **Locust Valley Jesters Deliver Royal Laughter**

A behind-the-scenes look at the over-the-top hilarity and heartfelt teamwork that brought Once Upon a Mattress to life on the LVHS stage.

BY JUSTIN KWOK, UPPER BROOKVILLE RESIDENT

In March, the Locust Valley Jesters wowed audiences with three showstopping performances of *Once Upon a Mattress*, a musical comedy twist on *The Princess and the Pea*. Full of witty one-liners, physical comedy, big dance numbers, and just the right amount of absurdity, the production brought nonstop laughter and warmth to the community. But behind the scenes, the cast and crew worked tirelessly to balance the show's highenergy demands with heartfelt storytelling.

### **BRINGING COMEDY TO LIFE**

When the spring musical was announced, the cast and crew knew they had their work cut out for them. "This show is very over-the-top with comedy," said director Patrick Campbell. Between fast-paced physical scenes, precise comedic timing, and energetic musical numbers, every performer had to stretch themselves.

John Zatwarnicki, who played Prince Dauntless, described the role as one of his "most profound and memorable experiences," while Liam Reilly took on the unique challenge of portraying the silent King Sextimus—relying entirely on exaggerated pantomime to deliver laughs.

To keep the humor fresh, the cast often broke the fourth wall and improvised interactions with the audience. One standout moment? Gianna Werle, playing the domineering Queen Aggravain, jumped into the orchestra pit and conducted the musicians mid-show—earning big laughs from the crowd.

### **DANCE, SONG & STANDOUT MOMENTS**

The musical numbers were nothing short of spectacular. In the well-known song "Shy," Sara Nearenberg (Princess Winnifred) ran, belted, and danced her way through a kickline with the ensemble—earning thunderous applause. Dance captains Laura Warner and Maeve Germans brought precision and fun to group numbers like "Very Soft Shoes" and the high-energy "Spanish Panic." "I enhanced my dancing skills and learned so much from my choreographer," said John. "Spanish Panic" especially pushed the cast's stamina and coordination.





One of the most heartwarming moments came during the Act I finale, "Song of Love," where the ensemble rallied behind Sara's character with signs, ukuleles, and heartfelt encouragement. "It was my favorite number to perform," shared featured dancer Maya Karagiannakis.

Vocally, the show demanded both comedic phrasing and emotional depth. Vocal captains Sarah Paulus and Grace Araoz led warmups before every rehearsal and helped guide castmates through tricky harmonies and vocal riffs.



# **MORE THAN A SHOW**

What made *Once Upon a Mattress* special wasn't just the humor—it was the camaraderie. "This was the best production I've ever been a part of," said ensemble member Veronica Johnnson. Cast and crew formed a strong bond that showed on stage and left audiences smiling long after the curtain fell.

The Jesters will return to the stage this fall for their next production. If this spring's musical is any indication, you won't want to miss what's coming in November.

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24 June 2025 Stroll Upper Brookville 25

# REAL ESTATE

This is your neighborhood Real Estate Resource page. This information can be useful when trying to compare property values or for just keeping a pulse on the real estate market in our area. For questions regarding the properties listed, or about real estate in general, consult a real estate professional,

The information contained herein has been obtained by The Lisa Fasano Team, Global Real Estate Advisor at Compass | lisa.fasano@compass.com // 516-717-9748.

Address	Neighborhood	List Price	Sale Price	Sold Date	DOM	Beds	Baths
963 Ripley Lane	Upper Brookville	\$3,000,000	\$3,000,000	04/28/25	241	7	6.2
3 Donna Drive	Upper Brookville	\$5,650,000	\$5,650,000	03/20/25	578	6	7.2
35 Chestnut Hill Drive	Upper Brookville	\$5,650,000	\$5,650,000	03/13/25	28	5	7.2
1281 Wolver Hollow Road	Upper Brookville	\$2,400,000	\$2,400,000	03/05/25	18	4	4.1
12 Locust Lane	Upper Brookville	\$3,635,000	\$3,635,000	01/29/25	279	5	4.1
9 Locust Lane	Upper Brookville	\$3,075,000	\$3,075,000	01/28/25	175	5	4
729 Remsens Lane	Upper Brookville	\$1,725,000	\$1,725,000	11/12/24	30	5	4
999 Wolver Hollow Road	Upper Brookville	\$2,700,000	\$2,700,000	10/30/24	15	6	4.1
4 Filasky Court	Upper Brookville	\$3,200,000	\$3,200,000	09/12/24	75	6	5.1
861 Remsens Lane	Upper Brookville	\$2,275,000	\$2,275,000	08/29/24	28	4	3.1
987 Wolver Hollow Road	Upper Brookville	\$1,795,000	\$1,795,000	08/22/24	15	6	5.1
343 Chicken Valley Road	Upper Brookville	\$2,900,000	\$2,900,000	08/14/24	54	4	3
939 Ripley Lane	Upper Brookville	\$5,100,000	\$5,100,000	08/07/24	2	6	5.1
43 Chestnut Hill Drive	Upper Brookville	\$9,850,000	\$9,850,000	07/31/24	21	7	10.3
353 Juniper Drive	Upper Brookville	\$6,000,000	\$6,000,000	07/23/24	279	6	7.2
1275 Wolver Hollow Road	Upper Brookville	\$10,000,000	\$10,000,000	07/19/24	112	7	8.2





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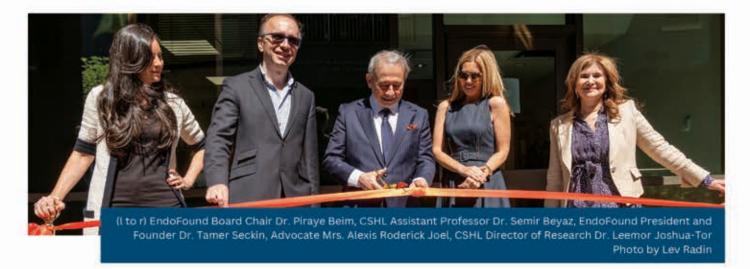
Kristen Vlahopoulos The Liappas Team Licensed Real Estate Salesperson kristen.vlahopoulos@compass.com M: 516.672.1577 | O: 516.517.4751

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Kristen Vlohopoulos is a licensed real estate salesperson affiliated with Compass. Compass is a licensed real estate broker and abides by Equal Housing Opportunity laws.



Stroll Upper Brookville 27 26 June 2025



# Extraordinary gift to science aims to unlock the mysteries of endometriosis

From being told that their pain is not real to facing the heartbreak of infertility and even the threat of death, women dealing with endometriosis face incredible, sometimes lifelong journeys that can be rife with suffering and uncertainty. Now, Cold Spring Harbor Laboratory (CSHL) is partnering with the Endometriosis Foundation of America (EndoFound) to bring more research to bear on this disease, which affects approximately 200 million women worldwide.

EndoFound has committed \$10 million to CSHL to establish the Seckin Endometriosis Research Center for Women's Health. Tamer Seckin, MD, Founder and President of the Endometriosis Foundation of America, Founder of the Seckin Endometriosis Center, announced the transformative pledge at a ribbon cutting ceremony for the new Center on May 1. Special guests included Alexis Roderick Joel, a patient of Dr. Seckin who shared her personal journey. Her husband, famous Long Island musician Billy Joel, also attended in support.



"Imagine having to endure pain levels at or near those experienced during childbirth—every single month for most of your life. That is the reality for millions of women and girls living with endometriosis," said Dr. Piraye Yurttas Beim, Founder and CEO of Celmatix Therapeutics and EndoFound Board Chairperson.

Endometriosis is a chronic, often debilitating disease where tissue similar to the uterine lining grows outside the uterus, typically in but sometimes beyond the pelvic cavity. It can begin at first menstruation and persist through menopause. Symptoms may include severe pelvic pain, fatigue, infertility and lead to depression or anxiety.

"The major goal of this Research Center is to interrogate the complex genetic and environmental determinants of endometriosis," said CSHL Assistant Professor and lead investigator at the Center Semir Beyaz. "We will investigate the precise mechanisms underlying endometriosis to develop preventative, diagnostic, and therapeutic strategies."

The Seckin Endometriosis Research Center for Women's Health provides a state-of-the-art lab and additional resources for a CSHL program that seeks to uncover the biological markers of endometriosis and novel drug targets for the disease. EndoFound's \$10 million commitment is being matched for a \$20 million total investment in the establishment of the Center.

For more information or to support the new Center, scan the QR code.







9151 Currency St. Irving, TX 75063

A Publication for the Residents of Upper Brookville

